

DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM & MARKING SCHEME

B.A. III, IV, V, VI Semester
PSYCHOLOGY

(Based on Choice Based Credit System)

SESSION : 2024-25



ESTD : 1958

GOVT. V.Y.T. PG AUTONOMOUS COLLEGE,
DURG, 491001 (C.G.)

(Former Name – Govt. Arts & Science College, Durg)

NAAC Accredited Grade A⁺, College with CPE - Phase III (UGC), STAR COLLEGE (DBT)

Phone : 0788-2212030

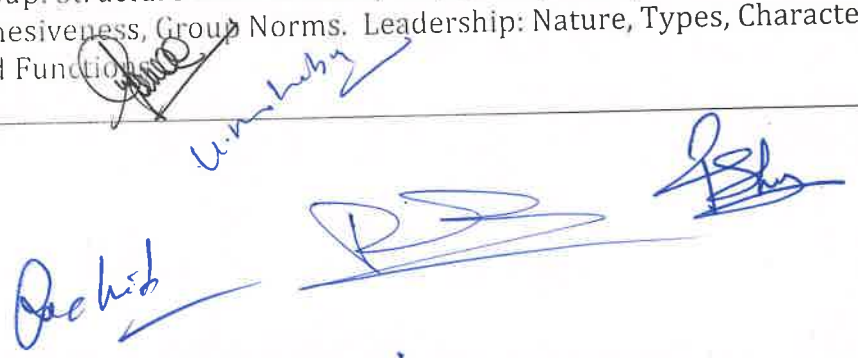
Website - www.govtsciencecollegedurg.ac.in, Email – autonomousdurg2013@gmail.com

(B) Format for Courses (With Practical) of 4Credits
3C for Theory + 1C for Practical

Four Year Undergraduate Program
Semester III & IV
Session 2024-25
For DSC and DSE

GOVT. V.Y.T.PG AUTONOMOUS COLLEGE DURG
FOUR YEAR UNDERGRADUATE PROGRAM
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25

PART A: INTRODUCTION			
Program: Bachelor in Social Sciences	Class: B.A	Semester -III	Session:2024-2025
1	Course Code	03T	
2	Course Title	SOCIAL PSYCHOLOGY	
3	Course Type	<i>Discipline Specific Course (DSC)</i>	
4	Course Learning Outcome (CLO)	<p>This Course will enable the students to:</p> <ul style="list-style-type: none"> • <i>Understanding the basic social psychological concepts and familiarize with relevant methods.</i> • <i>Understanding the applications of social psychology to social issues like gender, environment, health, intergroup conflicts, etc.</i> • <i>Understanding how people evaluate social situations.</i> • <i>Familiarizing with the concepts of social affect and affective</i> 	
5	Credit Value	3Credits	1 credit =15 Hours – Learning and Observation
6	Total Marks	Maximum Marks :100	Minimum Passing Marks:40
PART B: CONTENT OF THE COURSE			
Total no. of Teaching/ Learning Periods = 45 Periods (45 Hours)			
Unit	Topics (COURSE CONTENTS)		No. of Periods
I	Nature, Goal and Scope of Social Psychology, Methods of Social Psychology: Survey, Interview, Observation, Sociometry. Approaches to Study of Social Behavior: Cognitive, and Behavioral.		10
II	Social Perception: Perception of Self and Others, Impression Formation and Its Determinant, Pro- social Behavior: Co-Operation and Helping, Personal, Situational and Socio-Cultural Determinants.		9
III	Stereotypes: Nature, Determinants, Prejudice: Nature and Determinants, Attitudes: Nature and Measurements, Interpersonal Attraction and its Determinants.		10
IV	Group: Structure and Function, Social Facilitation, Conformity, Cohesiveness, Group Norms. Leadership: Nature, Types, Characteristics and Functions.		8



V	Social Issues: Aggression, Determinants, Prevention and Control. Population Explosion: Nature and Consequences, Socio-cultural Pollution: Corruption, Gender Discrimination and Child Labour.	8
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PART C - LEARNING RESOURCES
Text Books, Reference Books, Other Resources

TEXT BOOKS Recommended :

1. Baron, R. A., Byrne, D., & Bhardwaj, G. (2010). Social psychology (12th Ed.). New Delhi, India: Pearson.
2. Branscombe, N.R. & Baron, R. A., (2017) Social Psychology (14th Ed.) New Delhi, India: Pearson.
3. Singh, A.K. (2021) Samaj Manovigyan ki Ruprekha (12th Ed.) Motilal Banarsidas INT. Delhi.
4. Suleman, Md. (2014) Uchhattar Samaj Manovigyan Motilal Banarsidas INT. Delhi.
5. Tripathi, L.B. (2016) Ahunik Samaj Manovigyan (4th Ed.) Pawan Printers, Agra

Reference Books

1. Hogg, M. A., & Vaughan, G. M. (2005). Social psychology. Harlow: Pearson Prentice Hall.
 2. Husain, A. (2012). Social psychology. New Delhi, India: Pearson.
 3. Myers, D. G. (2008). Social psychology. New Delhi, India: Tata McGraw-Hill.
- Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social psychology (12th Ed.). New Delhi, India: Pearson

Online Resources: (e- Resources/ e- Books/ e- Learning Portals)

e-Resources/e-books and e-learning portals

➤ Swayam Central
<https://swayam.gov.in>

➤ <https://egyankosh.ac.in/handle/123456789/4448>

➤ <https://epgp.inflibnet.ac.in/Home>

<https://ndl.iitkgp.ac.in/homestudy/humanities>

PART D: ASSESSMENT AND EVALUATION

Suggested Continuous Evaluation Methods:

Maximum Marks: 100 Marks

Continuous Comprehensive Evaluation (CCE): 20 Marks

Semester End Exam (SEE): 80 Marks

Internal Assessment:

Continuous Comprehensive Evaluation (CCE)

Internal Test of 20 Marks each and
Assignment of 20 Marks

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Semester End
Exam (SEE)

Pattern -FOUR Questions (A, B, C, D)from each Unit

Question - A & B: (Compulsory) Very short answer type (02 each) 04 x 5 = 20 Marks

Question - C: Short answer type question 05 x 5 = 25 Marks

Question -D: Long answer type question 07 x 5 = 35 Marks

Total = 80 Marks

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DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25
Lab Course

PART A: INTRODUCTION			
Program: Bachelor in Social Sciences	Class: B.A. Semester -III	Session:2024-2025	
1	Course Code	Lab Course -3	
2	Course Title	Lab Course -3	
3	Course Type		
4	Course Learning Outcome (CLO)	<p>This Course will enable the students to:</p> <ul style="list-style-type: none"> • <i>Concept clarification</i> • <i>Applicability skill development</i> • <i>Development of analytical thinking</i> 	
5	Credit Value	1Credit	1 credit =30 Hours – Learning and Observation
6	Total Marks	Maximum Marks: 50	Minimum Passing Marks:20
PART B: CONTENT OF THE COURSE			
S.No.	List of Experiments		
1	Effect of Order of Information on Person-Perception		
2	Social Facilitation		
3	Effect of Leadership on Performance		
4	Effect of Group on Decision Making		
PART C - LEARNING RESOURCES			
Text Books, Reference Books, Other Resources			
TEXT BOOKS Recommended:			
<ol style="list-style-type: none"> 1. Shrivastav, D.N. and Verma Preeti Adhunik Prayogatmak Manovigyan (2014-15) Agrawal Publications , Sanjay Nagar, Agra 2. Woodworth, R.S. & Schlosberg, H Experimental Psychology (1954) Oxford & IBH Publishing company Pvt. Ltd., New Delhi 			
Online Resources: (e- Resources/ e- Books/ e- Learning Portals)			
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PART D: ASSESSMENT AND EVALUATION

Suggested Continuous Evaluation Methods:

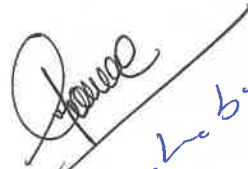
Maximum Marks: 50 Marks

(Will include Internal assessment, Lab records and End Semester Viva/Voce and performance)

Semester End Exam (SEE)

Laboratory performance: As per Dept. (LOCF)

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FOUR YEAR UNDERGRADUATE PROGRAM
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25

PART A: INTRODUCTION			
Program: Bachelor in Social Sciences		Class: B.A	Semester -III
		Session:2024-2025	
1	Course Code	03T	
2	Course Title	DEC- APPLIED COGNITIVE PSYCHOLOGY	
3	Course Type	<i>Discipline Elective Course (DEC)</i>	
4	Course Learning Outcome (CLO)	<p>This Course will enable the students to:</p> <ul style="list-style-type: none"> ➤ Developing an appreciation of how Cognitive Psychology principles can be applied to real life settings and to understand the nature and scope of Applied Cognitive Psychology. ➤ Knowing how to apply principles of cognitive psychology to issues related to face identification. ➤ Understanding the applications of research based on perception and memory to real life settings. ➤ Developing an understanding of cognitive psychology applications in the area of technology. 	
5	Credit Value	3Credits	1 credit =15 Hours – Learning and Observation
6	Total Marks	Maximum Marks :100	Minimum Passing Marks:40
PART B: CONTENT OF THE COURSE			
Total no. of Teaching/ Learning Periods = 45 Periods (45 Hours)			
Unit	Topics (COURSE CONTENTS)		No. of Periods
I	Applied Cognitive Psychology: Nature, Scope, and History. Emergence of modern cognitive psychology		10
II	Methods of studying applied cognitive psychology: Experiment and case study		9
III	Perception: Top- Down, Bottom- Up Process, and Size constancy, Attention: Nature, Types and Determinants		10
IV	Thinking – Nature, Type, Tools – Sign, Symbol and Language, Problem Solving – Nature and Steps		8
V	Psychology and Technology: Human-Computer Interaction, Psychological applications of Virtual Reality, Psychology of Artificial Intelligence.		8

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PART C - LEARNING RESOURCES

Text Books, Reference Books, Other Resources

TEXT BOOKS Recommended :

1. Singh. A.K. (2017)–Sangyanatmak Manovigyan. Motilal Banarsidas , Delhi
2. Gully Baba (2020). Applied Cognitive Psychology MPC 003 Learning And Memory, Gully Baba Publication Pvt Ltd
3. Galotti. M.K.(2024). Cognitive Psychology: In And Out Of The Laboratory, Sage Text
4. Connolly,I.,Palmer.M.,Barton.H.&Kirwan.G.(eds.),(2016).Introduction to Cyber Psychology. London: Routledge.
5. M. (Eds). (2011). IAAP Handbook of Applied Psychology. UK: Wiley Blackwell.

Reference Books

4. Hogg, M. A., & Vaughan, G. M. (2005). Social psychology. Harlow: Pearson Prentice Hall.
 5. Husain, A. (2012). Social psychology. New Delhi, India: Pearson.
 6. Myers, D. G. (2008). Social psychology. New Delhi, India: Tata McGraw-Hill.
- Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). Social psychology (12th Ed.). New Delhi, India: Pearson

Online Resources: (e- Resources/ e- Books/ e- Learning Portals)

1. Groome,D.&Eysenck.M.W.(2016).An Introduction to Applied Cognitive Psychology. London; Routledge. Taylor & Francis.
- Martin, P.R., Cheung, F.M., Knowles, M.C., Kyrios ,M., Littlefield,L.,Overmier, J. B., Prieto, J.
- e-Resources/e-books and e-learning portals

➤ <https://egyankosh.ac.in/handle/123456789/4448>

➤ <https://epgp.inflibnet.ac.in/Home>

<https://ndl.iitkgp.ac.in/homestudy/humanities>

PART D: ASSESSMENT AND EVALUATION

Suggested Continuous Evaluation Methods:

Maximum Marks: 100 Marks

Continuous Comprehensive Evaluation (CCE): 20 Marks

Semester End Exam (SEE): 80 Marks

Internal Assessment:

Continuous Comprehensive Evaluation (CCE)

Internal Test of 20 Marks each and
Assignment of 20 Marks

Semester End
Exam (SEE)

Pattern -FOUR Questions (A, B, C, D)from each Unit

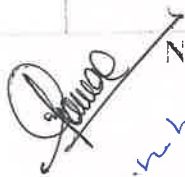
Question - A & B: (Compulsory) Very short answer type (02 each) 04 x 5 = 20 Marks

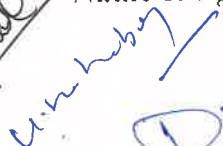
Question - C: Short answer type question 05 x 5 = 25 Marks

Question -D: Long answer type question 07 x 5 = 35 Marks

Total = 80 Marks

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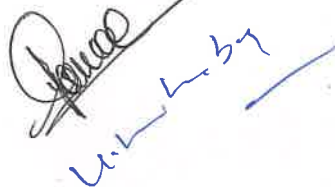
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DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25

Lab Course

PART A: INTRODUCTION			
Program: Bachelor in Social Sciences	Class: B.A. Semester -III	Session:2024-2025	
1	Course Code	01P	
2	Course Title	Lab Course -1	
3	Course Type	Laboratory Course	
4	Course Learning Outcome (CLO)	<p>This Course will enable the students to:</p> <ul style="list-style-type: none"> • Learn the experimental concept of attention • Learn the experimental concept of perception and problem solving • Understanding the use of AI in learning 	
5	Credit Value	1Credit	1 credit =30 Hours – Learning and Observation
6	Total Marks	Maximum Marks: 50	Minimum Passing Marks:20
PART B: CONTENT OF THE COURSE			
S.No.	List of Experiments		
1	Division Of Attention		
2	Size Constancy		
3	Problem Solving Check List		
4	Concept Formation		

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PART C - LEARNING RESOURCES

Text Books, Reference Books, Other Resources

TEXT BOOKS Recommended:

1. Shrivastav, D.N. and Verma Preeti Adhunik Prayogatmak Manovigyan (2014-15) Agrawal Publications, Sanjay Nagar, Agra
2. Woodworth, R.S. & Schlosberg, H Experimental Psychology (1954) Oxford & IBH Publishing company Pvt. Ltd., New Delhi

Online Resources: (e- Resources/ e- Books/ e- Learning Portals)

➤ <https://egyankosh.ac.in/handle/123456789/4448>
<https://eppg.inflibnet.ac.in/Home>

PART D: ASSESSMENT AND EVALUATION

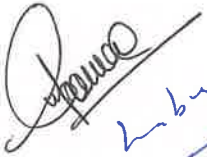
Suggested Continuous Evaluation Methods:

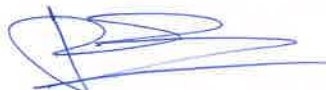
Maximum Marks: 50 Marks

(Will include Internal assessment, Lab records and End Semester Viva/Voce and performance)

Semester End Exam (SEE)	Laboratory performance: As per Dept. (LOCF)
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V. K. K. B. S.







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FOUR YEAR UNDERGRADUATE PROGRAM
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25

PART A: INTRODUCTION			
Program: Bachelor in Social Sciences		Class: B.A	Semester -IV
		Session:2024-2025	
1	Course Code	04T	
2	Course Title	Psychological Assessment	
3	Course Type	Discipline Specific Course (DSC)	
4	Course Learning Outcome (CLO)	<p>This Course will enable the students to:</p> <ul style="list-style-type: none"> ➤ Developing an understanding of the basic principles of psychological assessment. ➤ Developing knowledge about the steps in test construction and test standardization. ➤ Understanding the impact of cultural contexts on assessment ➤ Developing knowledge of the ethical and legal issues involved in the assessment process. ➤ Evaluating the appropriateness and quality of psychological tests and their psychometric strengths and weaknesses. ➤ Developing knowledge about the application of tests in a variety of settings. 	
5	Credit Value	3Credits	1 credit =15 Hours – Learning and Observation
6	Total Marks	Maximum Marks :100	Minimum Passing Marks:40
PART B: CONTENT OF THE COURSE			
Total no. of Teaching/ Learning Periods = 45 Periods (45 Hours)			
Unit	Topics (COURSE CONTENTS)		No. of Periods
I	Psychological Assessment: Concept, Difference between Physical and Psychological Assessment, Levels of Assessment, Barriers to Psychological Assessment, Uni-dimensional and Multidimensional Assessment.		10
II	Psychological Test: Concept, Characteristics, Types, Standardized and Non - Standardized, Group, Performance and Verbal, Uses of Psychological Tests.		9
III	Test Construction: Steps In Test Construction, Reliability: Test-Retest, Split-Half, Factors Affecting Reliability, Validity: Content and Predictive, Factors Affecting Validity, Norms: Age and Grade.		10
IV	Cognitive and Non-Cognitive Tests: Cognitive-Introduction to Intelligence, Aptitude, Achievement Testing. Non- Cognitive: Introduction to Personality, Interest, Value Testing.		8

PART C - LEARNING RESOURCES**Text Books, Reference Books, Other Resources****TEXT BOOKS Recommended :**

1. Baron, R. A., Byrne, D., & Bhardwaj, G. (2010). Social psychology (12th Ed.). New Delhi, India: Pearson.
2. Anastasi (1997) Psychological testing, New York: Mac Hill Ciminero, A.R. (1986) Hand book of Behavioural assessment, New York: John Wiley.
3. Gupta. S.P. (2001), Aadhunik Mapan Avam Mulayankan, Sharda Pustak Bhandar , Varanasi .

Reference Books

1. Desai. B.. & Abhyankar. S. (2007). Manasashatriya mapan. Pune, India: Narendra Prakashana.
2. Gregory. R. J. (2014). Psychological testing: History, principals and applications. (6th Ed.). Boston: Pearson Education.
3. Husain. A. (2012). Psychological Testing. New Delhi, India: Pearson Education.
4. Kaplan. R. M.. & Saccuzzo. D. P. (2012). Psychological testing: Principles, applications and issues (8th Ed.). New Delhi, India: Cengage.

Online Resources: (e- Resources/ e- Books/ e- Learning Portals)**e-Resources/e-books and e-learning portals**

➤ <https://egyankosh.ac.in/handle/123456789/4448>

➤ <https://epgp.inflibnet.ac.in/Home>

<https://ndl.iitkgp.ac.in/homestudy/humanities>

PART D: ASSESSMENT AND EVALUATION**Suggested Continuous Evaluation Methods:**

Maximum Marks: 100 Marks


Continuous Comprehensive Evaluation (CCE): 20 Marks

Semester End Exam (SEE): 80 Marks

Internal Assessment:	Internal Test of 20 Marks each and Assignment of 20 Marks
Continuous Comprehensive Evaluation (CCE)	

Semester End Exam (SEE)	Pattern -FOUR Questions (A, B, C, D)from each Unit	
	Question - A & B: (Compulsory) Very short answer type (02 each)	04 x 5 = 20 Marks
	Question - C: Short answer type question	05 x 5 = 25 Marks
	Question -D: Long answer type question	07 x 5 = 35 Marks
	Total = 80 Marks	

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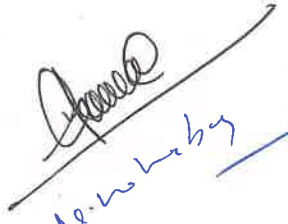


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FOUR YEAR UNDERGRADUATE PROGRAM
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25

Lab Course

PART A: INTRODUCTION			
Program: Bachelor in Social Sciences		Class: B.A. Semester -IV	
		Session:2024-2025	
1	Course Code	PSSC-04P	
2	Course Title	Lab Course -4 (Psychological Testing)	
3	Course Type	Laboratory Course	
4	Course Learning Outcome (CLO)	<p>This Course will enable the students to:</p> <ul style="list-style-type: none"> ➤ <i>Understanding the testing procedure of interest test, personality test and aptitude test.</i> • <i>Learning the administration of projective test.</i> 	
5	Credit Value	1Credit	1 credit =30 Hours – Learning and Observation
6	Total Marks	Maximum Marks: 50	Minimum Passing Marks:20
PART B: CONTENT OF THE COURSE			
S.No.	List of Experiments		
1	Vocational Interest		
2	Value Test		
3	Personality Test		
4	Aptitude Test		

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PART C - LEARNING RESOURCES

Text Books, Reference Books, Other Resources

TEXT BOOKS Recommended:

Shrivastav , D.N. and Verma Preeti Adhunik Prayogatmak Manovigyan (2014-15) Agrawal Publications , Sanjay Nagar, Agra

Online Resources: (e- Resources/ e- Books/ e- Learning Portals)

➤ <https://egyankosh.ac.in/handle/123456789/4448>

PART D: ASSESSMENT AND EVALUATION

Suggested Continuous Evaluation Methods:

Maximum Marks: 50 Marks

(Will include Internal assessment, Lab records and End Semester Viva/Voce and performance)

Semester End Exam (SEE) Laboratory performance: As per Dept. (LOCF)

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FOUR YEAR UNDERGRADUATE PROGRAM
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25

PART A: INTRODUCTION			
Program: Bachelor in Social Sciences		Class: B.A	Semester -IV Session:2024-2025
1	Course Code	02T	
2	Course Title	Positive Psychology	
3	Course Type	Discipline Elective Course (DEC)	
4	Course Learning Outcome (CLO)	<p>This Course will enable the students to:</p> <ul style="list-style-type: none"> ➤ Understanding the conceptual approaches to happiness and wellbeing. ➤ Able to locate the diversity in the experiences of happiness with individual's life span and across different domains. ➤ Learning the various pathways through which positive emotions and positive traits contribute to happiness and well-being. ➤ Being able to identify the key virtues and character strengths which facilitate happiness and well-being. 	
5	Credit Value	3Credits	1 credit =15 Hours – Learning and Observation
6	Total Marks	Maximum Marks :100	Minimum Passing Marks:40
PART B: CONTENT OF THE COURSE			
Total no. of Teaching/ Learning Periods = 45 Periods (45 Hours)			
Unit	Topics (COURSE CONTENTS)		No. of Periods
I	Introduction 1.1 Positive Psychology: Meaning, Definition, Assumptions and Goals. 1.2 Relationship with other fields (Health, Education and Social) 1.3 Meaning and Measures of Happiness and Well-being : Hedonic and Eudemonic traditions.		10
II	Happiness and Well-Being 2.1 Concept of Happiness and Wellbeing 2.2 Facets of Life; Gender, Love, Marriage, Close Relationship 2.3 Happiness Across the Lifespan		9
III	Emotions, Personality Traits and Well-Being 3.1 Positive Emotions(Hope, Optimism, Gratitude)and Well-Being 3.2 Cultivating Positive Emotions 3.3 Positive Traits: Personality, Emotions, and Biological bases of Emotions		10

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IV	Virtues. Character Strengths. and Well-Being 4.1 Classification of Human Virtues(Seligman's Approach) 4.2 Wisdom as a Foundational Strength and Virtue; Character Strengths and Health.	8
V	Indian Perspective Of Positive Psychology: Buddhism, Confucianism, Islam. and Hinduism..	8

PART C - LEARNING RESOURCES

Text Books, Reference Books, Other Resources

TEXT BOOKS Recommended :

1. Seligman, M. E.P.(2002).*Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment*. New York: Free Press/Simon and Schuster.
2. Baumgardner, S.R., Crothers, M.K.(2009).*Positive psychology*. New Delhi, India:Pearson.
3. Carr, A. (2004). *Positive Psychology: The science of happiness and human strength*.UK: Routledge.
4. David, S.A.,Boniwell,I., &Ayers, A.C.(2013).*The Oxford handbook of happiness*.Oxford: Oxford University Press.
5. Husain, A.,& Saeeduzzafar. (2011).*Islamic virtues and human development*. New Delhi, India: Global Vision Publishing House.
6. Joseph, S.(Ed.)(2015).*Positivepsychologyinpractice:Promotinghumanflourishingin work, health, education, and everyday life*. Hoboken, NJ: John Wiley & Sons.
7. Kumar, U., Archana, &Prakash,V.(2015).*Positive psychology-Applications in work, health and well-being*. Delhi & Chennai, India: Pearson.

Reference Books

1. Peterson, C. (2006). *A Primer in Positive Psychology*. New York: Oxford University Press.
 2. Snyder, C. R.,& Lopez, S.J.(2002).*Handbook of positive psychology*. New York: Oxford University.
- Snyder, C. R.,& Lopez,S.J.(2007).*Positive Psychology: The Scientific and Practical Explorations of Human Strengths*. Thousand Oaks, CA: Sage.

Online Resources: (e- Resources/ e- Books/ e- Learning Portals)

➤ <https://egyankosh.ac.in/handle/123456789/4448>

➤ <https://epgp.inflibnet.ac.in/Home>

<https://ndl.iitkgp.ac.in/homestudy/humanities>

PART D: ASSESSMENT AND EVALUATION

Suggested Continuous Evaluation Methods:

Maximum Marks:	100 Marks
Continuous Comprehensive Evaluation (CCE):	20 Marks
Semester End Exam (SEE):	80 Marks

Internal Assessment:

Continuous Comprehensive Evaluation (CCE)

Internal Test of 20 Marks each and Assignment of 20 Marks

Semester End Exam (SEE)	Pattern -FOUR Questions (A, B, C, D)from each Unit	
	Question - A & B: (Compulsory) Very short answer type (02 each)	04 x 5 = 20 Marks
	Question - C: Short answer type question	05 x 5 = 25 Marks
	Question -D: Long answer type question	07 x 5 = 35 Marks
	Total = 80 Marks	

Name & Signature of Members of Board of Studies

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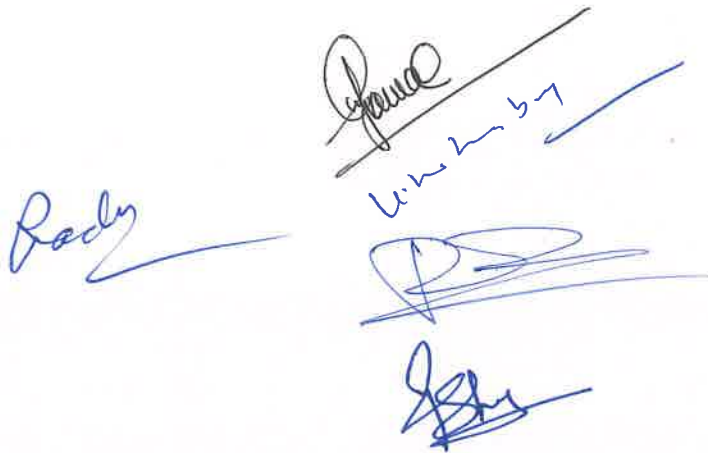
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FOUR YEAR UNDERGRADUATE PROGRAM
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25

Lab Course

PART A: INTRODUCTION			
Program: Bachelor in Social Sciences	Class: B.A. Semester -IV	Session:2024-2025	
1	Course Code	-02P	
2	Course Title	Lab Course -2 (Psychological Testing)	
3	Course Type	Laboratory Course	
4	Course Learning Outcome (CLO)	This Course will enable the students to: <ul style="list-style-type: none"> • <i>Concept clarification of happiness, optimism.</i> • <i>Concept clarification of wellbeing and mental health.</i> 	
5	Credit Value	1Credit	1 credit =30 Hours – Learning and Observation
6	Total Marks	Maximum Marks: 50	Minimum Passing Marks:20
PART B: CONTENT OF THE COURSE			
S.No.	List of Experiments		
1	Happiness Scale		
2	Optimism Scale		
3	Wellbeing Scale		
4	Mental Health		

Name & Signature of Members of Board of Studies



PART C - LEARNING RESOURCES

Text Books, Reference Books, Other Resources

TEXT BOOKS Recommended:

1. Kumar, U., Archana, & Prakash, V. (2015). *Positive psychology - Applications in work, health and well-being*. Delhi & Chennai, India: Pearson.
2. Authentic happiness by Martin Seligman (2002) *Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment*. New York: Free Press/Simon and Schuster
3. David, S.A. Boniwell, I., & Ayers, A.C. (2013). *The Oxford handbook of happiness*. Oxford: Oxford University Press.

Positive Psychology for improving Mental Health and Wellbeing by Geetika Pa

Online Resources:
(e-Resources/ e-Books/ e-Learning Portals)

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://eppg.inflibnet.ac.in/Home>

PART D: ASSESSMENT AND EVALUATION

Suggested Continuous Evaluation Methods:

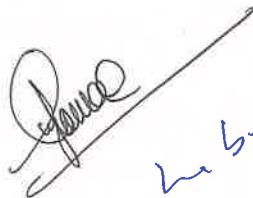
Maximum Marks: 50 Marks

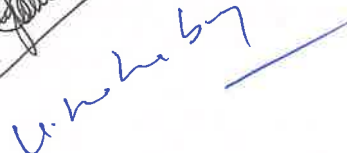
(Will include Internal assessment, Lab records and End Semester Viva/Voce and performance)

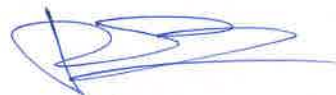
Semester End Exam (SEE) Laboratory performance: As per Dept. (LOCF)

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DEPARTMENT OF PSYCHOLOGY
GOVT. V.Y.T. PG. AUTONOMOUS COLLEGE, DURG

Approved syllabus of skill enhancement course at UG level by the members of Board of Studies for the Session

2023-24

SEC-PSY 01: EMOTIONAL INTELLIGENCE

Credits-2 (1-T+1P)

Objective: To understand the concept of emotional intelligence and learn ways of developing it.

Course Outcomes: After completing this course, student will be able to:

CO: 1. Define the Emotional Intelligence.

CO: 2. Understand the emotions.

CO: 3. Manage to emotions.

CO: 4. Apply Techniques of Emotional Intelligence Workplace, Relationships, Conflict Management, and Effective Leadership.

Unit 1:

Introduction: Emotional Intelligence, Models of Emotional Intelligence, EQ competencies: self-awareness, self-regulation, motivation, empathy, and interpersonal skills, Importance of Emotional Intelligence.

Unit 2:

Knowing Emotions: Levels of emotional awareness, recognizing emotions in oneself and others.

Unit 3:

Managing Emotions: Techniques to manage emotions.

UNIT 4:

Applications : Workplace, Relationships, Conflict Management, Effective Leadership.

UNIT 5

Emotional Intelligence Test: Measuring Emotional Intelligence

Readings:

Bar-On, R., & Parker, J.D.A. (Eds.) (2000). The handbook of emotional intelligence. San Francisco California: Jossey.

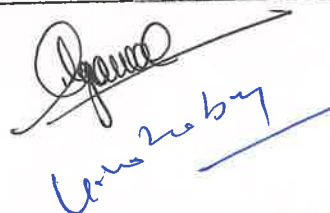
Bros. Goleman, D. (1995). Emotional Intelligence. New York: Bantam Book.

Goleman, D. (1998). Working with Emotional Intelligence. New York: Bantam Books.

Singh, D. (2003). Emotional intelligence at work (2 nd ed.) New Delhi: Response Books.

The syllabus of skill enhancement course, B.A. Semester-2 is hereby approved for the session 2022-23.

Name and Signatures of the Members :

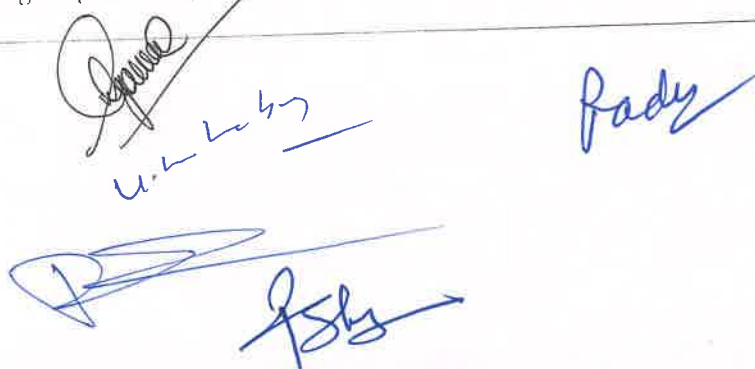

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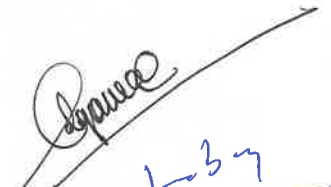

GOVT. V.Y.T.PG AUTONOMOUS COLLEGE DURG
FOUR YEAR UNDERGRADUATE PROGRAM
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25

PART A: INTRODUCTION			
Program: Bachelor in Social Sciences		Class: B.A Semester -V	
		Session:2024-2025	
1	Course Code	05T	
2	Course Title	PSYCHOLOGICAL STATISTICS	
3	Course Type	Discipline Specific Course (DSC)	
4	Course Learning Outcome (CLO)	<p>This Course will enable the students to:</p> <ul style="list-style-type: none"> ➤ Understand the nature of measurement and its various levels. ➤ Developing skills to use quantitative techniques such as measures of central tendency, variability, and correlation. ➤ Knowing how to use the normal probability curve as a model in scientific theory ➤ Grasping concepts related to hypothesis testing and developing related computational skills ➤ Learning basic techniques of descriptive and inferential statistics (parametric as well as non-parametric). 	
5	Credit Value	3Credits	1 credit =15 Hours – Learning and Observation
6	Total Marks	Maximum Marks :75	Minimum Passing Marks:30
PART B: CONTENT OF THE COURSE			
Total no. of Teaching/ Learning Periods = 45 Periods (45 Hours)			
Unit	Topics (COURSE CONTENTS)		No. of Periods
I	Statistics: Meaning and Application in Psychology, Nature of Score, Categorical and Continuous Variables, Frequency Distribution, Graphic Representation of Data.		8
II	Measures of Central Tendency: Mean, Median and Mode of Grouped and Ungrouped Data, Measures of Variability: Range, S.D., Q.D., A.D., Applications of Measures of Central Tendency and Variability.		12
III	Nature and Characteristics of Normal Probability Curve: Concept of Skewness and Kurtosis, Correlation: Concept, Types and Methods - Rank Difference and Product Moment (In Ungrouped Data).		9



IV	Inferential Statistics: Concept of Null Hypothesis, Level of Significance, Type I Error & Type II Error, t-test (Correlated and Uncorrelated Data).	8
V	Distribution Free Statistics: Chi-Square, Median and Sign Test, Applications of Computer in Psychological Statistics.	8

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PART C - LEARNING RESOURCES

Text Books, Reference Books, Other Resources

TEXT BOOKS Recommended:

1. Broota, K.D.(1992).*Experimental Design in Behavioral Research*. New Delhi: Wiley Eastern.
2. Kapil, H.K.(2020) *Sankhyaki ke Mool Tatva* , Shri Vinod Pustak Mandir, Agra
3. Suleman, M. (2018) *Manovigyan Shiksha Avm Anya Samajik Vigyan Mein Sankhiki*, Motilal Banarsidas Delhi.
4. Solanki, M.k. (2022) *Rashtriya Shiksha Niti -2020, Manovigyan Aadharit Sankhiyki Avm Shodh Paddhti*, SBPD Publication
5. Singh. A.K. (2008) *Manovigyan Samajshastra Tatha Shiksha Mein Sankhiki Motilal Banarsidas Delhi*.

Reference Books:

1. Singh. A.K. (2019) *Tests, Measurements And Research In Behavioural Sciences*, Bharti Bhawan
2. Minium,E.W.,King.B.M.,&Bear.G.(1993) *Statistical Reasoning in Psychology and Education*, New York: John Wiley.
- Mohanty,B.& Misra. S.(2015) *Statistics for Behavioral and Social Sciences*. New Delhi: SAGE Publications.

Online Resources: (e- Resources/ e- Books/ e- Learning Portals)

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

PART D: ASSESSMENT AND EVALUATION

Suggested Continuous Evaluation Methods:

Maximum Marks: 75 Marks

Continuous Comprehensive Evaluation (CCE): 15Marks


Semester End Exam (SEE): 60 Marks

Internal Assessment: Internal Test of 15 Marks and Assignment of 15 Marks

Continuous Comprehensive Evaluation(CCE)

Semester End Exam (SEE)	Pattern -FOUR Questions (A, B, C, D)from each Unit	
	Question - A & B: (Compulsory) Very short answer type (01each)	02 x 5 = 10 Marks
	Question - C: Short answer type question	03 x 5 = 15 Marks
	Question -D: Long answer type question	07 x 5 = 35 Marks
	Total = 60 Marks	

Name & Signature of Members of Board of Studies


U. L. Singh

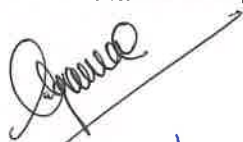

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GOVT. V.Y.T.PG AUTONOMOUS COLLEGE DURG
FOUR YEAR UNDERGRADUATE PROGRAM
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25

PART A: INTRODUCTION			
Program:		Class: BA Semester -V	Session:2024-2025
1	Course Code	05P	
2	Course Title	Lab Course -5 (Activity)	
3	Course Type	Laboratory Course	
4	Course Learning Outcome (CLO)	This Course will enable the students to: ➤ Understand the concept of statistics ➤ Will be able to apply the statistics in research	
5	Credit Value	1Credits	1 credit =15 Hours – Learning and Observation
6	Total Marks	Maximum Marks :25	Minimum Passing Marks:10
PART B: CONTENT OF THE COURSE			
Total no. of Teaching/ Learning Periods = 45 Periods (45 Hours)			
Unit	Topics (COURSE CONTENTS)		No. of Periods
I	Activity on Scientific Writing: How to write research paper based on quantitative studies.		
II			
III			
IV			
V			

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PART C - LEARNING RESOURCES

Text Books, Reference Books, Other Resources

TEXT BOOKS Recommended:

1. Kapil, H.K. (2019) *Anusandhan Vidhiyan*, H. P. Bhargava Publications
2. Sansanwal, D. N. (2020) *Research Methodology and Applied Statistics*, Shipra Publications

Reference Books:

1. Kothari, C.R. (2023) *Research Methodology*, New Age International Publishers

Online Resources: (e- Resources/ e- Books/ e- Learning Portals)

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

PART D: ASSESSMENT AND EVALUATION

Suggested Continuous Evaluation Methods:

Maximum Marks:

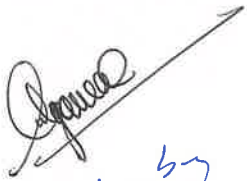
25 Marks

(Will include Internal assessment, Lab records and End Semester Viva/Voce and performance)

Semester End
Exam (SEE)

Laboratory performance: As per Dept. (LOCF)

Name & Signature of Members of Board of Studies



U. K. Singh

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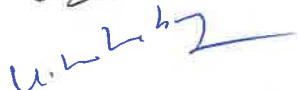
GOVT. V.Y.T.PG AUTONOMOUS COLLEGE DURG
FOUR YEAR UNDERGRADUATE PROGRAM
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25

PART A: INTRODUCTION		
Program: Bachelor in Social Sciences		Class: B.A Semester -V Session: 2024-2025
1	Course Code	03T
2	Course Title	Clinical Psychology
3	Course Type	<i>Discipline Elective Course (DSE)</i>
4	Course Learning Outcome (CLO)	<p>This Course will enable the students to:</p> <ul style="list-style-type: none"> ➤ <i>Developing a foundational knowledge of Clinical Psychology, its historical development (especially w.r.t India) and professional ethics.</i> ➤ <i>Acquiring knowledge and skills for distinguishing normal and abnormal behavior and learn the criteria of determining abnormality.</i> ➤ <i>Developing competencies for assessing the psychological functioning of individuals through techniques such as psychological assessment, observation and interviewing.</i> ➤ <i>Developing familiarity with the current diagnostic systems (current edition of the Diagnostic and Statistical Manual of Mental Disorders and International Classification of Diseases- Mental Disorder section)</i> ➤ <i>Acquiring knowledge about Anxiety Disorders and Trauma & Stressor-related, Dissociative and Personality Disorders.</i> ➤ <i>Developing sensitivity towards individual and cultural diversity and understanding its implication in clinical work especially within the Indian context.</i> ➤ <i>Understanding the essence of a reflective practitioner by engaging in reflective processes that make him or her aware of his or her strengths and vulnerabilities.</i>
5	Credit Value	3Credits 1 credit =15 Hours – Learning and Observation
6	Total Marks	Maximum Marks :75 Minimum Passing Marks:30
		




PART B: CONTENT OF THE COURSE		
Total no. of Teaching/ Learning Periods = 45 Periods (45 Hours)		
Unit	Topics (COURSE CONTENTS)	No. of Periods
I	Introduction 1.1. Definition of Clinical Psychology, Historical development of Clinical Psychology in (with special reference to India) 1.2. Ethics of the profession. 1.3 Concept of Abnormal Behavior	
II	Clinical Assessment and Classification 2.1 Clinical Assessment: Clinical Interview (emphasis on Mental Status Examination-MSE), Case History and Observation 2.2 Psychological testing and Neuropsychological test Battery 2.3 Classification and Diagnosis: Classification models: DSM V (latest) and ICD (latest)	
III	Anxiety and Obsessive Compulsive Disorders: Clinical Picture and Etiology 3.1 Generalized Anxiety Disorder 3.2 Social Anxiety Disorder (Social Phobia) 3.3 Panic Disorder Obsessive-Compulsive Disorder	
IV	Trauma & Stressor-related, Dissociative and Personality Disorders: Clinical Picture and Etiology 4.1 Adjustment Disorder 4.2 Post-Traumatic Stress Disorder	
V	Personality Disorders (Clusters A, B and C): Only Clinical Picture	

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PART C - LEARNING RESOURCES

Text Books, Reference Books, Other Resources

TEXT BOOKS Recommended:

1. Hassan . S. (2004) *Naidanik Manovigyan*, Motilal Banarsidas, New Delhi
2. Singh, A.K. (2021) *Ucchatar Naidanik Manovigyan* , Motilal Banarsidas, International, New Delhi
3. Korchin. S. J. (1978). *Modern Clinical Psychology: Principles of Intervention in the Clinical and Community*. International Edition.
4. Korchin. S. J. (2004). *Modern Clinical Psychology: Principles of Intervention in the Clinical and Community*. 1st Edition. CBS Publisher.

Reference Books:

1. Beg, M. A., & Beg. S. (1996). Logotherapy and the Vedantic view of life and mental wellbeing. *Journal des Viktor-Frankl-Instituts*, 1, 97-112.
2. Butcher, J.N., Hooly, J. M. Mineka, S. & Dwivedi, C.B (2017). *Abnormal Psychology*. New Delhi: Pearson.
3. Hecker, J. E., & Thorpe, G. L. (2005). *Introduction to clinical psychology*. Delhi: Pearson Education.
4. Husain, A., Beg, M. A., & Dwivedi, C. B. (2013). *Psychology of humanity and spirituality*. New Delhi: Research India Press.
5. Llewelyn, S., Murphy, D. (Eds.) (2014). *What is clinical psychology?* Oxford UK: Oxford University Press.

Online Resources: (e- Resources/ e- Books/ e- Learning Portals)

➤ <https://egyankosh.ac.in/>

➤ <https://eppp.inflibnet.ac.in/Home>

<https://ndl.iitkgp.ac.in/homestudy/humanities>

PART D: ASSESSMENT AND EVALUATION

Suggested Continuous Evaluation Methods:

Maximum Marks: 75 Marks

Continuous Comprehensive Evaluation (CCE): 15Marks

Semester End Exam (SEE): 60 Marks

Internal Assessment:

Continuous Comprehensive Evaluation(CCE)

Internal Test of 15 Marks and Assignment of 15 Marks

Semester End Exam (SEE)

Pattern -FOUR Questions (A, B, C, D)from each Unit


Question - A & B: (Compulsory) Very short answer type (01each) 02 x 5 = 10 Marks

Question - C: Short answer type question 03 x 5 = 15 Marks

Question -D: Long answer type question 07 x 5 = 35 Marks

Total = 60 Marks

Name & Signature of Members of Board of Studies


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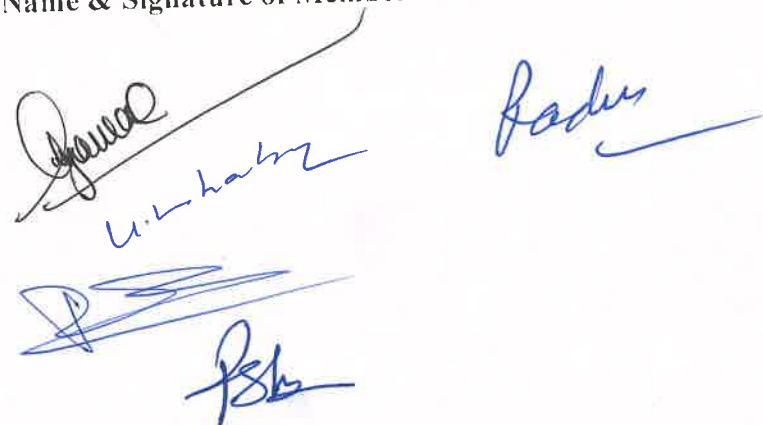


GOVT. V.Y.T.PG AUTONOMOUS COLLEGE DURG
FOUR YEAR UNDERGRADUATE PROGRAM
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25

PART A: INTRODUCTION		
Program:	Class: BA Semester -V	Session:2024-2025
1	Course Code	3P
2	Course Title	Lab Course -3
3	Course Type	Laboratory Course
4	Course Learning Outcome (CLO)	This Course will enable the students to: <ul style="list-style-type: none"> ➤ <i>Understanding of counseling process</i> ➤ <i>Development of counseling skills.</i> <i>Data recording skill development</i>
5	Credit Value	1Credits 1 credit =15 Hours – Learning and Observation
6	Total Marks	Maximum Marks :25 Minimum Passing Marks:10

PART B: CONTENT OF THE COURSE		
Total no. of Teaching/ Learning Periods = 45 Periods (45 Hours)		
Unit	Topics (COURSE CONTENTS)	No. of Periods
I	Watching the video recording of the counseling sessions of Carl Rogers, Fritz Perl's and Albert Ellis with the client Gloria and doing a comparative analysis.	
II	Mental health in the youth and creating an awareness campaign: A two phase project with the students can be designed. --- One phase involving Focus group discussion with youth in different colleges/institutes and collecting data on the nature of psychological issues, concerns and problems faced by them, barriers in seeking help, their response to someone who is having mental health problems, their support system etc. Based on the needs analysis conducted in phase 1, an awareness campaign can be created (video on awareness or any other form of campaign)	

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PART C - LEARNING RESOURCES

Text Books, Reference Books, Other Resources

TEXT BOOKS Recommended:

Reference Books:

1. Mason. J. (1997). *Qualitative Researching*. Thousand Oaks: Sage.
2. Siegal. S. (1956). *Non-Parametric Statistics for Behavioural Sciences*. New York, McGraw Hill.
3. Winer, B.J. (1971). *Statistical Principles in Experimental Design*. New York, McGraw Hill.
4. Braun; V & Clarke; V (2021) *Thematic Analysis: A Practical Guide* SAGE, 2021
5. *Counseling Skills: A Practical Guide for Counselors and Helping Professionals*(2011) Open University Press: 2nd edition (4 November 2011)

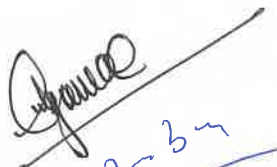
Online Resources: (e- Resources/ e- Books/ e- Learning Portals)

➤ <https://egyankosh.ac.in/>

➤ <https://epgp.inflibnet.ac.in/Home>

<https://ndl.iitkgp.ac.in/homestudy/humanities>

Name & Signature of Members of Board of Studies


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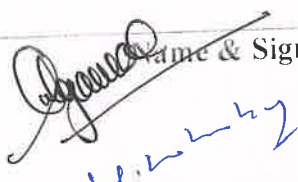







GOVT. V.Y.T.PG AUTONOMOUS COLLEGE DURG
FOUR YEAR UNDERGRADUATE PROGRAM
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25

PART A: INTRODUCTION			
Program: Bachelor in Social Sciences		Class: B.A Semester -VI	
		Session:2024-2025	
1	Course Code	- 06T	
2	Course Title	Developmental Psychology	
3	Course Type	Discipline Specific Course (DSC)	
4	Course Learning Outcome (CLO)	<p>This Course will enable the students to:</p> <ul style="list-style-type: none"> ➤ Demonstrating an ability to understand and distinguish major theoretical perspectives and methodological approaches in human development. ➤ Developing an ability to identify the milestones in diverse domains of human development across life stages. ➤ Understanding the contributions of socio-cultural context toward shaping human development. ➤ Acquiring an ability to decipher key developmental challenges and issues faced in the Indian societal context. 	
5	Credit Value	3Credits	1 credit =15 Hours – Learning and Observation
6	Total Marks	Maximum Marks :75	Minimum Passing Marks:30
PART B: CONTENT OF THE COURSE			
Total no. of Teaching/ Learning Periods = 45 Periods (45 Hours)			
Unit	Topics (COURSE CONTENTS)		No. of Periods
I	Concept of Human Development, Theories of Human Development: Psychoanalytical and Maslow, Determinants of Human Development - Biological, Social, Cultural Factors, Approaches to study Human Developments: Longitudinal and Cross - Sectional.		
II	Socialization: Role of Family, Peers and School, Media and Socialization, Ecological Factors in Human Development, Cognitive Development: Theoretical Perspectives- Piaget, Information Processing, Vygotsky.		
III	Self and Identity: Emergence of Self and Self Concept, Development of Personal Identity, Identity Crises, Physical and Sexual Maturation.		
IV	Development of Morality, Development of Gender Identity and Gender Roles, Role of Marriage, Family and Occupation in Human Development, Sequential Development of Emotions.		
V	Problems of Aging: Cognitive, Conative and Affective, Development Disorders.		

Name & Signature of Members of Board of Studies

PART C - LEARNING RESOURCES

Text Books, Reference Books, Other Resources

TEXT BOOKS Recommended:

1. Berk L.E. (1989), Child Development. Boston: Allyn and Bacon.
2. Santrock J.W. (1999), Lifespan Development. New York, McGraw Hill.
3. E.B. Hurlock (1997) Development Psychology: A life span approach. V, edition.
4. Shah Goverdhan - Vikasatamak Manovigyan.

Reference Books:

1. Georgas, J., Berry, J. W., Van de Vijver, F. J., Kagitçibasi, Ç., & Poortinga, Y. H. (Eds.) (2006). *Families across cultures: A 30-nation psychological study*. New York: Cambridge University Press.
2. Kakar, S. (2012). *The inner world: A psychoanalytic study of childhood and society in India* (4th Ed.). New Delhi, India: Oxford University Press..

Online Resources: (e- Resources/ e- Books/ e- Learning Portals)

- <https://egyankosh.ac.in/handle/123456789/4448>
- <https://epgp.inflibnet.ac.in/Home>
- <https://ndl.iitkgp.ac.in/homestudy/humanities>

PART D: ASSESSMENT AND EVALUATION

Suggested Continuous Evaluation Methods:

Maximum Marks:	75 Marks
Continuous Comprehensive Evaluation (CCE):	15Marks
Semester End Exam (SEE):	60 Marks


Internal Assessment:

Continuous Comprehensive Evaluation(CCE)

Internal Test of 15 Marks and Assignment of 15 Marks

Semester End Exam (SEE)	Pattern -FOUR Questions (A, B, C, D)from each Unit	
	Question - A & B: (Compulsory) Very short answer type (01each)	02 x 5 = 10 Marks
	Question - C: Short answer type question	03 x 5 = 15 Marks
	Question -D: Long answer type question	07 x 5 = 35 Marks
	Total = 60 Marks	

Name & Signature of Members of Board of Studies


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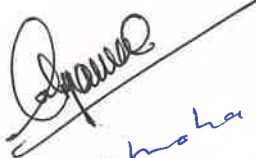






GOVT. V.Y.T.PG AUTONOMOUS COLLEGE DURG
FOUR YEAR UNDERGRADUATE PROGRAM
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25


PART A: INTRODUCTION			
Program:		Class: BA Semester -VI	Session:2024-2025
1	Course Code	06P	
2	Course Title	Lab Course -6	
3	Course Type	Laboratory Course	
4	Course Learning Outcome (CLO)	<p>This Course will enable the students to:</p> <ul style="list-style-type: none"> ➤ Live experience of the developmental theories. ➤ Hands on training on methods like interview, observation and group discussion. ➤ Insight development on multifaceted aspects of issues through role play. 	
5	Credit Value	1Credits	1 credit =15 Hours – Learning and Observation
6	Total Marks	Maximum Marks :25	Minimum Passing Marks:10
PART B: CONTENT OF THE COURSE			
Total no. of Teaching/ Learning Periods = 45 Periods (45 Hours)			
Unit	Topics (ANY-1)		No. of Periods
I	Interview of elderly participants (staying with family and in old age homes). This helps build conversational skills, interviews skills, qualitative/Content analysis, professional ethics, sensitivity to the problems of aged. responsibility, awareness of policies etc. in the students.		
II	Life review of an old person or a middle aged person. They also learn how to transcribe data from audio-recording.		
III			
IV			
V			

Name & Signature of Members of Board of Studies


U. Mohan Singh







PART C - LEARNING RESOURCES

Text Books, Reference Books, Other Resources

TEXT BOOKS Recommended:

Reference Books:

1. Black, T. R. (1988). Quantitative Research Designs for Social Sciences. Thousand Oaks: Sage.
2. Broota, K. D. (1992). Experimental Design in Behavioural Research. Wiley Eastern Ltd. New Delhi.
3. Kerlinger, D. & Katz, L. (1983). Foundation of Behavioural Research (2nd ed.) Surjeet Publication, Kamla Nagar, Delhi.
4. Kothari C.R. (2019). Research Methodology: Methods and Techniques. New Age Publishers Pvt Limited, 2019 Ed.-4

Online Resources: (e- Resources/ e- Books/ e- Learning Portals)

➤ <https://egyankosh.ac.in/>

➤ <https://epgp.inflibnet.ac.in/Home>

<https://ndl.iitkgp.ac.in/homestudy/humanities>

PART D: ASSESSMENT AND EVALUATION

Suggested Continuous Evaluation Methods:

Maximum Marks:

25 Marks

(Will include Internal assessment, Lab records and End Semester Viva/Voce and performance)

**Semester End
Exam (SEE)**

Laboratory performance: As per Dept. (LOCF)

Name & Signature of Members of Board of Studies



GOVT. V.Y.T.PG AUTONOMOUS COLLEGE DURG
FOUR YEAR UNDERGRADUATE PROGRAM
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25

PART A: INTRODUCTION			
Program: Bachelor in Social Sciences		Class: B.A Semester -VI	
		Session:2024-2025	
1	Course Code	04T	
2	Course Title	Environmental Psychology	
3	Course Type	Discipline Elective Course (DSE)	
4	Course Learning Outcome (CLO)	<p>This Course will enable the students to:</p> <ul style="list-style-type: none"> ➤ Understanding the role of psychological processes (people's attitude, beliefs) in people's responses to environmental problems. ➤ Understanding the processes related to environmental degradation and their impact on human life. ➤ Understanding pro-environment behavior and human-environment transaction, and being able to design behavioral interventions to minimize the adverse effects of anti-environment behavior. 	
5	Credit Value	3Credits	1 credit =15 Hours – Learning and Observation
6	Total Marks	Maximum Marks :75	Minimum Passing Marks:30
PART B: CONTENT OF THE COURSE			
Total no. of Teaching/ Learning Periods = 45 Periods (45 Hours)			
Unit	Topics (COURSE CONTENTS)		No. of Periods
I	Evaluating environmental ethics from values about nature in the ancient India systems. Earth as a living system. Psychological approaches to environment : Eco cultural Psychology (Berry), Bio-social Psychology (Dawson), Ecological Psychology (Berkar) Person Environment Transactions (sokols, Itelson)		
II	Effects of environment on behaviour : Noise pollution chemical Pollution, crowding and personal space. Effect of behaviour on environment : Perception, Preferences and awareness of environment.		
III	Human Nature and environmental problems : Pro-social and pro environment behaviours. Eco-systems and their components Demography : Mortality and fertility. Resource Use : Common Property resources, Sustainable Development. Ecology : Acculturation and Psychological adaptation.		
IV	Methods : Naturalistic observation and field surveys. Environmental Assessment : Naturalistic observation and field surveys Socio - Psychological dimensions of environments impact Environmental deprivation : Nature and consequences. Creating environmental awareness - Social Movements : Chipko, Tehri Narmad.		

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V	Application of Psychology in man environment fit : Education - Classroom environment, Industry - Industrial / Organisational effectiveness, Health - Physical, mental and spiritual, Social - Communal harmony and National integration.	
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PART C - LEARNING RESOURCES

Text Books, Reference Books, Other Resources

TEXT BOOKS Recommended:

1. Goldsmith E. (1991) - The way : The ecological world vic Boston : Shambhala. 2. Jain U (1987) The Psychological consequences of crowding New Delhi : Sage. 3. Mishra R.C. Sinha D & Berry, J.W. (1996) Ecology, Community and life style. New Delhi.

Reference Books:

Online Resources: (e- Resources/ e- Books/ e- Learning Portals)

➤ <https://egyankosh.ac.in/>

➤ <https://epgp.inflibnet.ac.in/Home>

<https://ndl.iitkgp.ac.in/homestudy/humanities>

PART D: ASSESSMENT AND EVALUATION

Suggested Continuous Evaluation Methods:

Maximum Marks: 75 Marks

Continuous Comprehensive Evaluation (CCE): 15Marks

Semester End Exam (SEE): 60 Marks

Internal Assessment:

Continuous Comprehensive Evaluation(CCE)

Internal Test of 15 Marks and Assignment of 15 Marks

Semester End Exam (SEE)

Pattern -FOUR Questions (A, B, C, D)from each Unit

Question - A & B: (Compulsory) Very short answer type (01 each) 02 x 5 = 10 Marks

Question - C: Short answer type question 03 x 5 = 15 Marks

Question -D: Long answer type question 07 x 5 = 35 Marks

Total = 60 Marks

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GOVT. V.Y.T.PG AUTONOMOUS COLLEGE DURG
FOUR YEAR UNDERGRADUATE PROGRAM
DEPARTMENT OF PSYCHOLOGY
COURSE CURRICULUM 2024-25

PART A: INTRODUCTION			
Program:		Class: BA Semester -VI	Session:2024-2025
1	Course Code	4P	
2	Course Title	Lab Course -4	
3	Course Type	Laboratory Course	
4	Course Learning Outcome (CLO)	This Course will enable the students to: ➤ <i>Insight about the environmental stressors in terms of locale</i> ➤ <i>Understanding of destructive minDiscipline Electivec Course (DSE)t towards environment</i> <i>Awareness regarding environmental movements</i>	
5	Credit Value	1Credits	1 credit =15 Hours – Learning and Observation
6	Total Marks	Maximum Marks :25	Minimum Passing Marks:10
PART B: CONTENT OF THE COURSE			
Total no. of Teaching/ Learning Periods = 45 Periods (45 Hours)			
Unit	Topics (COURSE CONTENTS)		No. of Periods
I	Preparing a checklist of environmental stressors of rural and urban life, and collecting data.		
II	Profiling the environmentally destructive mindset observing in public places like hospitals, railway stations, metro stations, bus stops, roads etc. and identifying those people who engage in anti-environmental behavior, seeking consent from them to participate in a study.		
III	Making presentations of successful environmental movements across the world like the Chipko movement, Green Peace “Save the Antarctic” etc.		
IV	Preparing a checklist of environmental stressors of rural and urban life, and collecting data.		
V			

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PART C - LEARNING RESOURCES

Text Books, Reference Books, Other Resources

TEXT BOOKS Recommended:

Reference Books:

1. Fisher, J.D., Bell, P.A., and Baum, A. (1984). Environmental Psychology. NY: Holt, Rinehart and Winston.
2. Jain, U. (1987). The psychological consequences on crowding. New Delhi, India: Sage.
3. Jain, U., & Palsane, M. N. (2004). Environment and behaviour. In J. Pandey (Ed.), Psychology in India revisited: Developments in the discipline (Vol. 3: Applied social and organizational psychology, pp. 261-308). New Delhi, India: Sage.
4. Nagar, D. (2006). Environmental psychology. New Delhi, India: Concept

Online Resources: (e- Resources/ e- Books/ e- Learning Portals)

➤ <https://egyankosh.ac.in/>

➤ <https://epgp.inflibnet.ac.in/home>

<https://ndl.iitkgp.ac.in/homestudy/humanities>

PART D: ASSESSMENT AND EVALUATION

Suggested Continuous Evaluation Methods:

Maximum Marks: 25 Marks

(Will include Internal assessment, Lab records and End Semester Viva/Voce and performance)

Semester End Exam (SEE)	Laboratory performance: As per Dept. (LOCF)
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PART D: ASSESSMENT AND EVALUATION

Suggested Continuous Evaluation Methods:

Maximum Marks: 25 Marks

(Will include Internal assessment, Lab records and End Semester Viva/Voce and performance)

Semester End Exam (SEE)	Laboratory performance: As per Dept. (LOCF)
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